



Services

BEHAVIORAL NUTRITION COACHING	\$399/MO
PHONE CONSULTS 30/60 MIN	\$55-89
GUTSY GIRLS DETOX	\$799/ 3 PYMT \$266
SUGAR SLAYERS	\$98
KKW ONLINE MEMBERSHIP	\$7.99/MO or \$79/YR
8 WEEK CHALLENGES	\$120/\$250 BUNDLE
WORKOUT PLAN	\$200
CUSTOM NUTRITION PLAN	\$150
COUPLES' MONTHLY COACHING	\$599/MO
NUTRITION PLAN MODIFICATION	\$89
FAMILY BEHAVIORAL COACHING	\$699/MO
INTENSIVE ELITE NUTRITION COACHING	\$525MO
12 WEEK SINGLE SERVICE BUNDLE	\$318



LIFE LONG
Weight Loss
 solutions
 THROUGH BEHAVIOR
 MODIFICATION

GET A FREE 30 MINUTE CONSULT NOW!

KKWELLNESSCONSULTING.COM
 KKILLEN@KKWELLNESSCONSULTING.COM

WE COACH INDIVIDUALS THROUGH BEHAVIOR CHANGE REGARDING THEIR RELATIONSHIP WITH FOOD

JOIN OUR FACEBOOK
private group \$7.99 MONTH OR \$79 ANNUAL FEE

NEVER WORRY ABOUT LOSING WEIGHT AGAIN



WHAT WE DO



TYPICAL RESULTS

Facebook VIP Member Page

Daily motivation, coaching tips, and over 200 whole foods macro-friendly recipes

Family & Couples' Coaching

Monthly behavior coaching to help you start habits that will carry you through your whole life

Special Webinars

We love giving you the tools about how to portion macros, read labels, how to use our favorite kitchen tools and more

Gutsy Girl Detox

Our 8 week course will reset your body and teach you about food intolerances and gut healthy foods

Sugar Slayers

30 day program designed to teach you about sugar, hidden sugars and how to kick the habit

12 week single service bundle

1 Custom nutrition plan with 45 minute zoom, 1 Plan Modification with 45 minute call and 1 60 minute zoom consult.

Monthly Behavior Coaching

Extensive and comprehensive nutrition and behavior coaching

Nutrition Plans

Get an optimized nutrition plan tailored to your needs

8 Week Challenge

Get a taste of the KKW lifestyle and earn prizes, gain community and get live coaching during our virtual challenges

Consult with a certified coach

Do you need a professional to help you with your next steps?

Custom Workout Plans

Get a coach to give you a step-by-step guide toward better health through a workout plan.

ABOUT THE OWNER

Kelly Killen



Certified Wellness Coach since 1999

Board-Certified Behavior Analyst licensed with the VA Board of Medicine since 2009

Holds an Advanced Diploma in Nutrition

Has helped *thousands* of clients around the country to achieve their personal fitness and nutrition goals!

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